September 23, 2020

Dear Families and Friends,

For the wellbeing of you and your loved one, we have attached to this document the *Core Principles of COVID-19 Infection Prevention* from CMS and LDH. We have received new guidance from them that permits <u>outside</u> visitation. You will be contacted by a staff member from activities or pastoral care to schedule the visit. The guidelines <u>must</u> be followed throughout the visit.

## These guidelines are the following:

- 1. Visits will begin the week of **September 28th** and will take place Monday Friday.
- 2. Responsible parties will be contacted by activities and pastoral care departments to arrange these 20-minute visits of 2 adults (at least 21 years of age).
- The potential visitor must notify the facility if they test positive, if they have recently been exposed to COVID-19, or exhibit symptoms within 14 days of the visit.
- 4. Visitors will be given as much notice as possible if a cancellation is necessary. Please notify the staff member who arranged the visit if you are unable to attend the scheduled visitation.
- 5. Any resident on isolation or suspected of COVID-19 is NOT allowed to participate in the visitation program. Window visits and facetime will be available during these times.
- 6. Visitors must be screened at the reception desk for infectious communicable diseases, including COVID 19 symptoms. These symptoms include: a fever greater than 100.4 degrees, cough, chills, shortness of breath, difficulty breathing, sore throat, fatigue, muscle or body aches, headache, new loss of taste or smell, congestion or runny nose, nausea or vomiting or diarrhea. A visitor with any of these symptoms will NOT BE PERMITTED TO VISIT.
- 7. Visitors must wait in their car until the appointed time for the visit.
- 8. A staff member is required to monitor all visits while respecting the privacy of the resident and visitor to the extent possible.
- A visitor much remain 6 feet from the resident and attending staff at all times. All must have a
  face covering in place covering the nose and mouth during the visit. Visitors and residents must
  refrain from physical contact.
- 10. No Food or the exchange of goods is permitted during this visit. All gifts or items must be labeled and left with staff at the time of arrival.

As you can see, visits require planning and development. We are working diligently to provide a pleasant, safe and organized program of visitation for the residents. This virus is far from over. It is still very much with us. We need your patience, understanding, and cooperation in order to prevent an outbreak of the virus which would again cause visitation restrictions.

Sincerely,

Mike Purser, Administrator Brandie Perry, Assistant Administrator Amanda Wheeler, RN, Infection Preventionist

## Core Principles of COVID-19 Infection Prevention

- Screening of all who enter the facility for signs and symptoms of COVID-19 (e.g., temperature checks, questions or observations about signs or symptoms), and denial of entry of those with signs or symptoms
- Hand hygiene (use of alcohol-based hand rub is preferred)
- Face covering or mask (covering mouth and nose)
- Social distancing at least six feet between persons
- Instructional signage throughout the facility and proper visitor education on COVID-19 signs and symptoms, infection control precautions, other applicable facility practices (e.g., use of face covering or mask, specified entries, exits and routes to designated areas, hand hygiene)
- Cleaning and disinfecting high frequency touched surfaces in the facility often, and designated visitation areas after each visit
- Appropriate staff use of Personal Protective Equipment (PPE)
- Effective cohorting of residents (e.g., separate areas dedicated COVID-19 care)
- Resident and staff testing conducted as required at 42 CFR 483.80(h) (see QSO-20-38-NH)

Reference: CMS QSO-20-39-NH