

**Our Lady of Prompt Succor Nursing Home & Rehabilitation Center
C'est la Vie Apartments
Newsletter ~ October 2016**

__ A Ministry of the Marianites of Holy Cross __

Welcome to Sr. JoAnn and Sr. Kathleen!

Sister JoAnn DeLoach is now ministering at PSNH as part-time receptionist and in pastoral care and activities. She was born in Beaumont, Texas, lived in Lake Charles, and entered the Marianites of Holy Cross in September of 1955. She earned her Bachelor's Degree from Our Lady of Holy Cross College in New Orleans and her Master's Degree from Catholic University in D.C. She taught elementary and high school in Ocean Springs, Mississippi and in Plaquemine, Morgan City, Opelousas and in New Orleans, Louisiana. Following her years in education, she was involved in social services at St. John in Franklin and at St. Mary of the Angels and Colbert House in New Orleans. Prior to moving to Opelousas, Sr. JoAnn was pastoral associate for 13 years in Alexandria at Our Lady of Prompt Succor Parish where she enjoyed accompanying the elders and forming many friendships with the people she served. We are grateful to Sr. JoAnn for joining our staff and sharing her many gifts and talents with us at PSNH.

Sister Kathleen Stakelum is now ministering at PSNH in pastoral care and activities. She is a native of New Orleans and entered the Marianites of Holy Cross in 1966 after graduating from Archbishop Blenk High School. She earned a Bachelor's Degree at Our Lady of Holy Cross College in New Orleans. She taught at St. John in Franklin, St. Mary of the Angels in New Orleans, and St. Frances de Sales in Houma. After receiving her Master's Degree in Ministry from Seattle University she ministered as pastoral associate at Holy Cross Parish in Morgan City, at Holy Rosary/Cabrini in Kaplan, and at St. Bernadette in Houma. In Houma in addition to her parish duties, she served as Diocesan Director of the RCIA (Rite of Christian Initiation for Adults). Sr. Kathleen facilitated a Loyola Institute of Ministry Extension Group in Houma and since that time she has been an adjunct faculty member for the program. After being trained in spiritual direction, she served as a spiritual director for retreats and as vocation director and formation director for the Marianites of Holy Cross. Most recently, Sr. Kathleen was a spiritual care minister for the Notre Dame Hospice based in New Orleans. We are grateful that she now comes to share her knowledge and experiences in our activities department and pastoral care services!

Welcome, Sr. JoAnn and Sr. Kathleen!

*We are delighted to have you join our ministry
at Our Lady of Prompt Succor Nursing Home & Rehabilitation Center!*

_ Recently Deceased Resident _

Norma Guidry 12/2/1922 – 9/20/2016

May her soul and all the souls of the faithful departed
through the mercy of God rest in peace. Amen.

Flu Season – Recommendation from the Center for Disease Control and Prevention (CDC)

While seasonal influenza (flu) viruses can be detected year-round in the United States, flu viruses are most common during the fall and winter. The exact timing and duration of flu seasons can vary, but influenza activity often begins to increase in October. Most of the time flu activity peaks between December and March. The CDC recommends that people get vaccinated against flu soon after the vaccine becomes available. It takes about two weeks after vaccination for antibodies to develop in the body and provide protection against the flu. Doctors and nurses are encouraged to begin vaccinating their patients soon after the vaccine becomes available, preferably by October. Those children aged 6 months through 8 years who need two doses of vaccine should receive the first dose as soon as possible to allow time to get the second dose before the start of flu season. The two doses should be given at least four weeks apart. In addition to getting a seasonal flu vaccine, we can all take everyday preventive actions by frequently washing our hands with soap and water to reduce the spread of germs.

October – Breast Cancer Awareness Month

A major focus of October is Breast Cancer Awareness referred to as National Breast Cancer Awareness Month (NBCAM). This is an annual campaign organized by major breast cancer charities every October to increase awareness of the disease and to raise funds for research into its cause, prevention, diagnosis, treatment and cure. The campaign also offers information and support to those affected by breast cancer.

A variety of events will take place in October, including walks and runs, and the pink illumination of landmark buildings.

In our own community in 2008, Opelousas General Health System started the “*Paint The Town Pink*” initiative. This program promotes breast cancer awareness, education, and free mammography for eligible men and women in our community. In conjunction with National Breast Cancer Awareness Month, Opelousas General Health System will again “Paint the Town Pink” during the month of October 2016! ***Our Lady of Prompt Succor Nursing Home is one of the Faith Sponsors for this endeavor.***

Along with many scheduled events, OGHS is asking the community to help “*Paint The Town Pink*” by wearing a “*Paint The Town Pink*” t-shirt or something pink every Friday in October. Thank you – OGHS!

Let’s all join together in striving to prevent and treat breast cancer!

U Celebrating Birthdays in October U

<i>R Aycock</i>	<i>10/28</i>
<i>S Bacilla</i>	<i>10/23</i>
<i>Sr. J Barry</i>	<i>10/24</i>
<i>E Bordelon</i>	<i>10/22</i>
<i>Sr. E Brosnahan</i>	<i>10/28</i>
<i>E Carriere</i>	<i>10/14</i>
<i>V Clement</i>	<i>10/20</i>
<i>E Demoruelle</i>	<i>10/15</i>
<i>Sr. L Galyean</i>	<i>10/30</i>
<i>I Guidry</i>	<i>10/08</i>
<i>Sr. M Labbe</i>	<i>10/23</i>
<i>D LeJeune</i>	<i>10/22</i>
<i>H Myers, Sr.</i>	<i>10/18</i>
<i>Sr. H O'Brien</i>	<i>10/30</i>
<i>A Robin</i>	<i>10/11</i>
<i>O Semien</i>	<i>10/06</i>
<i>Sr. K Viellion</i>	<i>10/18</i>

954 E. Prudhomme St.
Opelousas, LA 70570

PSNH – 337-948-3634
C'est la Vie – 337-942-8154
www.promptsuccor.com
www.marianites.org

October – Breast Cancer Awareness Month

A major focus of October is Breast Cancer Awareness referred to in America as National Breast Cancer Awareness Month (NBCAM). This is an annual health campaign organized by major breast cancer charities every October to increase awareness of the disease and to raise funds for research into its cause, prevention, diagnosis, treatment and cure. The campaign also offers information and support to those affected by breast cancer.

NBCAM was founded in 1985 as a partnership between the American Cancer Society and the pharmaceutical division of Imperial Chemical Industries (now part of AstraZeneca, producer of several anti-breast cancer drugs). The aim of NBCAM has been to promote mammography as an effective diagnostic tool in the fight against breast cancer.

In 1993 Evelyn Lauder, Senior Corporate Vice President of the Estée Lauder Companies, founded The Breast Cancer Research Foundation and established the pink ribbon as its symbol, though this was not the first time the ribbon was used to symbolize breast cancer. In the fall of 1991, the Susan G. Komen Foundation handed out pink ribbons to participants in its New York City race for breast cancer survivors.

A variety of events around the world will take place in October, including walks and runs, and the pink illumination of landmark buildings. In our own community in 2008, Opelousas General Health System started the “Paint The Town Pink” initiative. This is a program promoting Breast Cancer Awareness, breast cancer education, and free mammography for eligible men and women in our community. In conjunction with National Breast Cancer Awareness Month, Opelousas General Health System will again “Paint the Town Pink” during the month of October 2015! ***Our Lady of Prompt Succor Nursing Home is one of the Faith Sponsors for this endeavor.***

Along with many scheduled events, OGHS is asking the community to help “Paint The Town Pink” and join them in supporting Breast Cancer Awareness by wearing a "Paint The Town Pink" t-shirt or something pink every Friday in October. Thank you – OGHS!

Let's all join in preventing and treating breast cancer!