



**Our Lady of Prompt Succor Nursing Home
& Rehabilitation Center
C'est la Vie Apartments
News-Notes ~ March 2011**



Mardi Gras Celebration

This year marks our 43rd Mardi Gras celebration at Prompt Succor Nursing Home. Rooted in the culture and traditions of many parts of Louisiana and dating back to 1776 in the United States, our residents and families look forward to this wonderful gala every year! Being honored as king and queen of 2011 are Mr. Whitney Comeaux and Sr. Brenda Comeaux, MSC. Whitney Comeaux is a native of Carencro and was the fifth of eleven children. He served in the Navy and was married to Vivian Quebedeaux. After moving to Arnaudville, they had four children: Carl, Brenda, Kenneth, and Deevin. Sr. Brenda was born in Arnaudville and is the daughter of King Whitney and the late Vivian Comeaux. A member of the Marianites of Holy Cross, she graduated from Our Lady of Holy Cross College and she received a masters degree in education from Loyola University in New Orleans. Sr. Brenda has served in various parts of Louisiana in education and in pastoral care. The princesses for this year's event are Rose Young, Alice Richard, Lierra Meche, Dorothy Nezat. *Rose Young* was born in Plaisance and is the mother of eight children, four boys and four girls. Her hobbies included sewing and baking. *Alice Richard* was born in Opelousas, married Allen Richard and they have two sons, Robert and Paul. She was employed at Opelousas General Hospital in the Pharmacy Department for 20 years. *Lierra Meche* was born in Church Point and married Walter Meche. They have 3 children, Elizabeth Lyons, Gwen Hilburn, and Anthony Meche. She was employed at Sams in Lafayette for a number of years and enjoyed cooking and dancing. *Dorothy Nezat* was born in Lawtell. She was married to Dr. Sidney Rozas, MD and they loved to travel. A special occasion each week was to gather on Monday evenings with family and friends for a festive supper in their back yard.



Congratulations to our king, queen and court of 2011!

Photos will be posted on our web site.

Season of Lent

Recently while skiing in Colorado, I realized what a gift to be *truly focused* at one moment - no phones ringing, no text message beeping, no multi-tasking – just silence – as all attention is riveted on the skis gliding on the slopes alongside the trees covered with new-fallen snow. What a gift – to be free to be so focused, to be enveloped by the beauty of creation, to be embraced in the sacredness of the moment.



Lent calls us to re-focus our lives and to be more attentive to the gift of the present moment. As the darkness of winter gives way to the light of spring, Christians around the world begin this holy season which is a time to prepare by prayer, penance, almsgiving and self-denial for the annual commemoration of the passion, death and resurrection of Jesus Christ.

However, more than *giving up* it is a time of *giving in*, a time to more fully surrender to the God who loves us. This more intentional “giving in” and re-focusing our lives takes time and Lent offers us forty precious days to make an internal shift in our hearts.

It is interesting to note that the number forty has many Biblical references: forty days and nights God sent rain in the great flood of Noah (*Genesis 7:4*); forty days and nights Moses spent on Mount Sinai with God (*Exodus 24:18*); forty years the Hebrew people wandered in the desert on the way to the promised land (*Numbers 14:33*); forty days Elijah spent walking to Mount Horeb (*1Kings 19:8*); forty days the prophet Jonah gave the city of Nineveh in which to repent (*Jonah 3:4*). In the New Testament, Jesus retreated into the wilderness, where he fasted for forty days and was tempted by the devil before beginning his public ministry (*Matt 4:1-2, Mark 1:12-13, Luke 4:1-2*).

Most followers of Western Christianity observe these forty days of Lent beginning on Ash Wednesday and concluding on Holy Saturday. In most traditions, the six Sundays in this period are not counted because each one represents a “mini-Easter,” a celebration of Jesus’ victory over sin and death.

The days of Lent are not about huge sacrifices. Rather, regardless of our age, it is an opportunity to embrace the small crosses with greater wisdom and grace. It is an opportunity to “give in” to the inconveniences of each day - the unexpected guest, the late meal, the check out line in the grocery store, the neighbour who needs assistance, the person who aggravates us. These are the opportunities which help us to deny ourselves, soften our hearts, take up our cross and follow Jesus Christ each one of the 40 days and into the memorial of his passion, death and resurrection. *May we each “give in” grace-fully during these days!*

Celebrating Birthdays in March

Rodney Aymond	3/12	Jeanne Robin	3/23
Clinton Beaugh	3/1	Betty Soileau	3/15
Jane Bertrand	3/6	George Soileau	3/5
Elsie Deville	3/3	Sr. Joel Sperier, MSC	3/3
Stella Dohmann	3/8	Easton Stelly	3/30
Jacqueline Fontenot	3/13	Nathalie Thibodeaux	3/20



***Praying in gratitude for each of you
and wishing you birthday joy each day of the year!***



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A ministry of the Marianite Sisters of Holy Cross